



# Mandatory Mental Health and Substance Abuse CLE

**Wednesday,  
May 15, 2019  
12:00 – 1:00 p.m.**

World Trade Center,  
Mezzanine,  
26 SW Salmon, Portland

Registration forms with payment must be received by the MBA office by May 14.

*The MBA will apply for 1 hour of Mental Health and Substance Abuse MCLE credit. Washington MCLE credit may be obtained individually. Registrants who miss the seminar may request the handout materials. Sorry, no refunds. Substitutions are welcome; non-members may be subject to an additional fee. Accommodations available for persons with disabilities; please call in advance for arrangements.*

A landmark 2016 ABA/Hazelden Betty Ford Foundation national study found that attorneys are nearly twice as likely as the general population to experience problematic alcohol use, and younger attorneys (under 30) are approximately three times as likely. Reported levels of depression, anxiety, and stress were also significantly elevated among attorneys according to the study. Given these realities, the Oregon Supreme Court approved amendments to the MCLE rules requiring mental health, substance abuse, and cognitive impairment education. The speakers in this CLE will talk about when to ask for help for yourself and for colleagues, and how to recognize when someone needs help. You will also hear a personal story of recovery. This CLE will be presented by **Shari Gregory, LCSW, JD, OAAP Assistant Director/Attorney Counselor,** and **Judge Gregory Silver,** Multnomah County Circuit Court.

**For more information:** Contact Roscoe Nelson, Nelson & Nelson at 503.222.1081. For registration questions, contact the MBA at 503.222.3275.

Name \_\_\_\_\_

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Send form and payment to:  
**Multnomah Bar Association**

620 SW 5<sup>th</sup> Ave Ste 1220  
Portland OR 97204

Fax 503.243.1881 (for credit cards only) Ph 503.222.3275

**Register me for the seminar as indicated:**

- MBA Member \$30.00
- Non-MBA Member \$50.00

**I will not be attending but would like to order:**

- CD ROM / & Handouts (Member) \$30.00
- CD ROM / & Handouts (Non-Member) \$50.00

**Payment Options:**

- Check (enclosed) *or*
- Visa       MasterCard       American Express

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